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| Dear Members,  I hope you are all well, and not getting cabin fever. I wanted to answer three questions I have been getting during week one of our shutdown. **What’s the Club like right now and what’s the staff doing?** It’s just not the same without you all here! It lacks the liveliness only our members and staff can bring.  The boilers are off, only essential lights are on, and it is very quiet. For now, the four senior managers are on-site during the “normal” week, and a building engineer is on-site 24/7. We have other managers dropping by as needed to work on projects, and some other staff are working from home while monitoring emails and updates. Thankfully, we stocked up on toilet paper before we closed! **How can you keep us informed and how can I stay part of the Club Community?** The President of the Club will send emails regularly to keep you up to date on important matters.  Staff have been sending an email a day with a variety of information, including some Club history, movie and show reviews, Chef’s recipes and will continue to do that.    We are also posting on Facebook and Instagram workouts of the day, questions on how you are staying busy and much more If you haven’t joined our social media communities yet, below are instructions on how to join.  Click here to follow our Instagram  Click here to friend request our private Facebook account    With the closure extended, we will look for more ways to keep you connected to your Club family. **What is my life like right now?** I have a senior in high school, who was just told her school year is over. She won’t be having her Prom or Graduation. As you can imagine, she is not happy with that, and of course, there is just no way I can know how devastating that is for her.She is doing school work remotely but wants out of the house to see her friends. While keeping her in lockdown, I am sending her ideas to keep busy, and maybe learn a bit, too.  [Click here for Outschool article](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.universityclubdc.com_link.aspx-3Fl-3Dm15l0Pbe0MqU_fjVukyuRyK9GeA6tWQrEZ5irvp0M6MTv_zFE7ifRcX2JX6D12wc&d=DwMFaQ&c=euGZstcaTDllvimEN8b7jXrwqOf-v5A_CdpgnVfiiMM&r=Q2h1SANkpJwlJQUr-VyXkrHxQ4_LA9xMyOS35209RKs&m=JbGAejEmuGWmX5NXGxIQ1Crx0y2-2UpYsIhki23i3Io&s=zdZh6C2APuybeMuD2CCoq3fjh-KvqxgqBfoB9d6KjmY&e=)  [Click here for Raising Teens Today article](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.universityclubdc.com_link.aspx-3Fl-3Dm15l0Pbe0MqU_fjVukyuRyK9GeA6tWQrEZ5irvp0M6P_wAWdgenJfMX2JX6D12wc&d=DwMFaQ&c=euGZstcaTDllvimEN8b7jXrwqOf-v5A_CdpgnVfiiMM&r=Q2h1SANkpJwlJQUr-VyXkrHxQ4_LA9xMyOS35209RKs&m=JbGAejEmuGWmX5NXGxIQ1Crx0y2-2UpYsIhki23i3Io&s=PkIERXhiOHHn_U1D-XvyLDrtxjuh7SZHeDSokn5dT_8&e=) [Click here for an article from The Guardian](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.universityclubdc.com_link.aspx-3Fl-3Dm15l0Pbe0MqU_fjVukyuRyK9GeA6tWQrEZ5irvp0M6NSIVO2Us_ZdMX2JX6D12wc&d=DwMFaQ&c=euGZstcaTDllvimEN8b7jXrwqOf-v5A_CdpgnVfiiMM&r=Q2h1SANkpJwlJQUr-VyXkrHxQ4_LA9xMyOS35209RKs&m=JbGAejEmuGWmX5NXGxIQ1Crx0y2-2UpYsIhki23i3Io&s=DzR6zOFaMv4GgOXn41l3dzz7w4OLWw5-ENUUZLeUGfA&e=)    Like many of you, I have some anxiety right now. On a National Club Association webinar today, there was a discussion about the mental health aspects of the shutdown.  [Click here to view an article by the Harvard Business Review](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.universityclubdc.com_link.aspx-3Fl-3Dm15l0Pbe0MqU_fjVukyuRyK9GeA6tWQrEZ5irvp0M6O9lD9ZBQfj5MX2JX6D12wc&d=DwMFaQ&c=euGZstcaTDllvimEN8b7jXrwqOf-v5A_CdpgnVfiiMM&r=Q2h1SANkpJwlJQUr-VyXkrHxQ4_LA9xMyOS35209RKs&m=JbGAejEmuGWmX5NXGxIQ1Crx0y2-2UpYsIhki23i3Io&s=7KqKCUEKVllDkUaZV0aRQOh2-kmm47ROrVs5PxycRQ4&e=)  But I remain positive, because I believe society will be back to normal soon, and after this short closure, the Club community will be as strong as ever.  [Click here for an article by Forbes](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.universityclubdc.com_link.aspx-3Fl-3Dm15l0Pbe0MqU_fjVukyuRyK9GeA6tWQrEZ5irvp0M6PwOTlhkQDjc8X2JX6D12wc&d=DwMFaQ&c=euGZstcaTDllvimEN8b7jXrwqOf-v5A_CdpgnVfiiMM&r=Q2h1SANkpJwlJQUr-VyXkrHxQ4_LA9xMyOS35209RKs&m=JbGAejEmuGWmX5NXGxIQ1Crx0y2-2UpYsIhki23i3Io&s=d1SmygM91AcFZl8fTtumHnmPtuOYyDVBD_ZasWmE00g&e=)  I miss watching sports.  [Click here for an article regardi](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.universityclubdc.com_link.aspx-3Fl-3Dm15l0Pbe0MqU_fjVukyuRyK9GeA6tWQrEZ5irvp0M6OrRGnt1sZUycX2JX6D12wc&d=DwMFaQ&c=euGZstcaTDllvimEN8b7jXrwqOf-v5A_CdpgnVfiiMM&r=Q2h1SANkpJwlJQUr-VyXkrHxQ4_LA9xMyOS35209RKs&m=JbGAejEmuGWmX5NXGxIQ1Crx0y2-2UpYsIhki23i3Io&s=InNaOw2bVeFKTGPa_-qkzf83NUCfzTxAtxUnBrsP8js&e=)[ng the latest sports coverage](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.universityclubdc.com_link.aspx-3Fl-3Dm15l0Pbe0MqU_fjVukyuRyK9GeA6tWQrEZ5irvp0M6MLPKIGEV8wz8X2JX6D12wc&d=DwMFaQ&c=euGZstcaTDllvimEN8b7jXrwqOf-v5A_CdpgnVfiiMM&r=Q2h1SANkpJwlJQUr-VyXkrHxQ4_LA9xMyOS35209RKs&m=JbGAejEmuGWmX5NXGxIQ1Crx0y2-2UpYsIhki23i3Io&s=GlujCrwuBqzqpm9dpjlxU__GaEuzw7QzDKrX8IrqbG4&e=)  And I’m finding new and interesting things to watch in the place of sports.  [Click here to view the Environmental Film Festival Site](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.universityclubdc.com_link.aspx-3Fl-3Dm15l0Pbe0MqU_fjVukyuRyK9GeA6tWQrEZ5irvp0M6NTGLHLRFsVscX2JX6D12wc&d=DwMFaQ&c=euGZstcaTDllvimEN8b7jXrwqOf-v5A_CdpgnVfiiMM&r=Q2h1SANkpJwlJQUr-VyXkrHxQ4_LA9xMyOS35209RKs&m=JbGAejEmuGWmX5NXGxIQ1Crx0y2-2UpYsIhki23i3Io&s=bdLd7bkM5qoprSMtWFi2MWbEYb30JclHFHMdDWlhlto&e=)  Thankfully, when I go home every night, I have a dog, who seems to care what I have to say.  As conditions around us continue to change, we will continue to make changes to what we do and how we do it.  Wishing you all the very best.    Kind Regards,  General Manager |